Gain Tuning Is Not What You Need: **Reward Gain Adaptation for Constrained Locomotion Learning**

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Introduction

- In general, Reinforcement Learning (RL) is sample inefficient and cannot satisfy constraints during learning, making real-world RL impossible. max roll & pitch (deg)
- Finding a good reward function is also **exhaustive**, **sensitive**, and unpredictable, with no clear way to determine which gain values guarantee constraint satisfaction.

We don't know what this looks like & what the best value is

- This work introduces **ROGER** that uses embodied interaction and intuitive constraint thresholds to recompute new weighting gains online, preventing violations throughout learning.
- **Constrained RL** ROGER Constrained RL reduces violations (sometime fall) (walk forward) but fails during exploration. RL (fall forward)

Traditional RL lacks constraints and always violates them.

untrained

"YOU WERE THE CHOSEN ONE! SAID TO BRING LEARNING TO THE REAL WORLD, NOT GET STUCK IN ENDLESS TUNING! TO ENFORCE CONSTRAINTS, NOT BREAK THEM!"

"I DON'T LIKE SIM. IT OVERFITS, AND DOESN'T TRANSFER." RL-KIN, AFTER POLICY DEPLOYMENT

MASTER CANNOT-BE, AFTER EVERY FAILED RUN.

lower

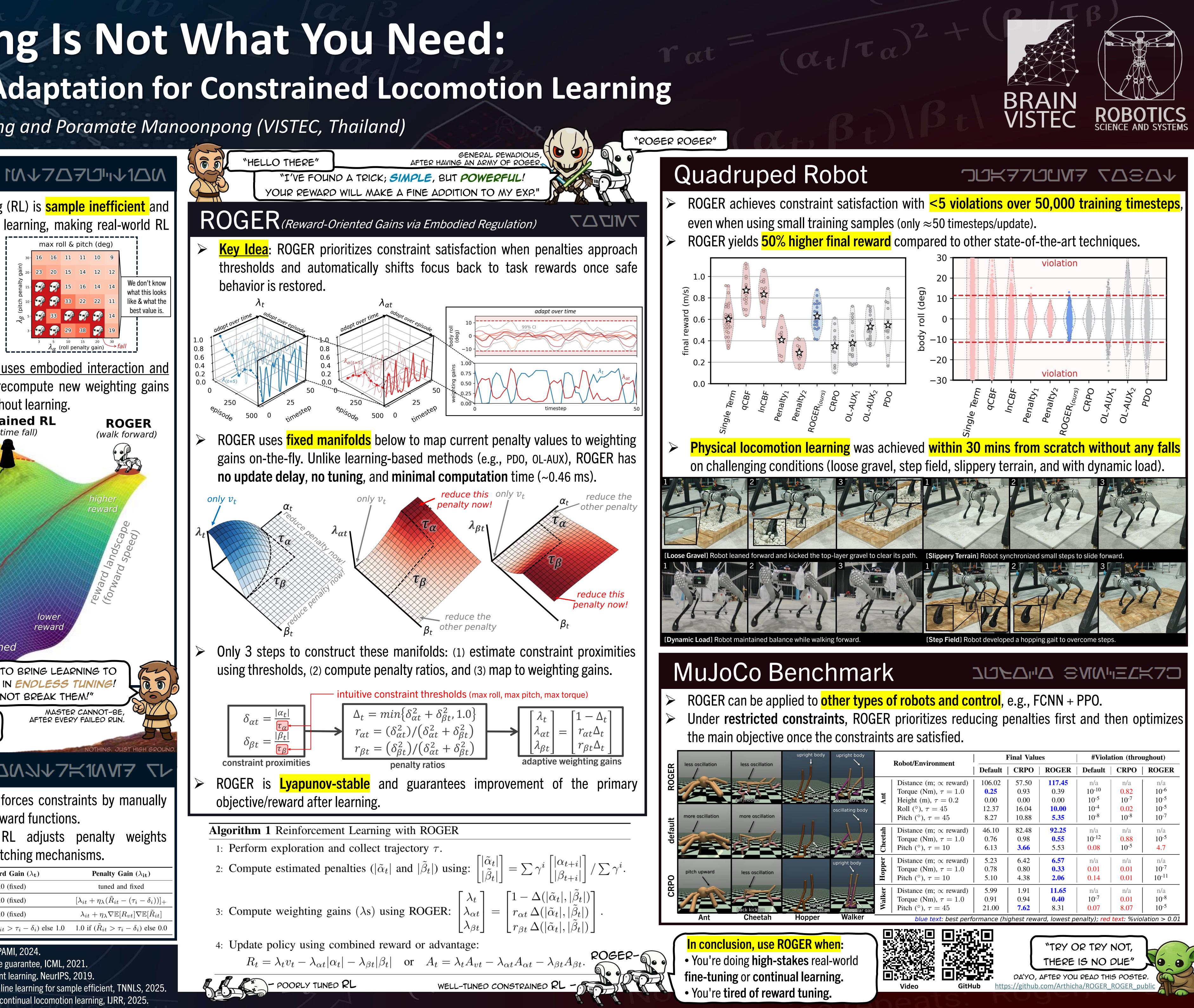
reward

Constrained RL II/∆MNJV7K1MM7 SV

- **Fixed-weighting** constrained RL enforces constraints by manually tuning penalty weights or shaping reward functions.
- Adaptive-weighting constrained RL adjusts penalty weights dynamically using primal-dual or switching mechanisms.

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Techniques	Reward Gain (λ_t)	Penalty Gain (λ_{it})
Fixed-weighting & Control Barrier Function (CBF)	1.0 (fixed)	tuned and fixed
Primal-Dual Optimization (PDO)	1.0 (fixed)	$[\lambda_{it} + \eta_{\lambda}(\tilde{R}_{it} - (\tau_i - \delta_i))]$
Online Learning of Auxiliary Loss (OL-AUX)	1.0 (fixed)	$\lambda_{it} + \eta_{\lambda} \nabla \mathbb{E}[R_{vt}] \nabla \mathbb{E}[\tilde{R}_i$
Constrained Rectified Policy Optimization (CRPO)	0.0 if (exist $\tilde{R}_{it} > \tau_i - \delta_i$) else 1.0	1.0 if $(\tilde{R}_{it} > \tau_i - \delta_i)$ else

[Constrained RL] A review of safe reinforcement learning, PAMI, 2024. [CRPO] Crpo: Safe reinforcement learning with convergence guarantee, ICML, 2021. **[OL-AUX]** Adaptive auxiliary task weighting for reinforcement learning. NeurIPS, 2019. [SME-AGOL] Interpretable neural control with adaptable online learning for sample efficient, TNNLS, 2025. **GOLLUM**] Growable neural control with online learning for continual locomotion learning, IJRR, 2025.



Environment	Final Values		#Violation (throughout)			
	Default	CRPO	ROGER	Default	CRPO	ROGER
ce (m; \propto reward)	106.02	57.50	117.45	n/a	n/a	n/a
e (Nm), $\tau = 1.0$	0.25	0.93	0.39	10-10	0.82	10-6
t (m), $\tau = 0.2$	0.00	0.00	0.00	10-5	10-7	10-5
°), $\tau = 45$	12.37	16.04	10.00	10-4	0.02	10-5
(°), $\tau = 45$	8.27	10.88	5.35	10-8	10-8	10-7
ce (m; \propto reward)	46.10	82.48	92.25	n/a	n/a	n/a
e (Nm), $\tau = 1.0$	0.76	0.98	0.55	10-12	0.88	10-5
(°), $\tau = 10$	6.13	3.66	5.53	0.08	10-5	4.7
ce (m; \propto reward)	5.23	6.42	6.57	n/a	n/a	n/a
e (Nm), $\tau = 1.0$	0.78	0.80	0.33	0.01	0.01	10-7
(°), $\tau = 10$	5.10	4.38	2.06	0.14	0.01	10-11
ce (m; \propto reward)	5.99	1.91	11.65	n/a	n/a	n/a
e (Nm), $\tau = 1.0$	0.91	0.94	0.40	10-7	0.01	10-8
(°), $\tau = 45$	21.00	7.62	8.31	0.07	8.07	10-5
blue text: best perfo	ormance (hi	ghest rewa	ard, lowest p	enalty); red	text: %vio	lation > 0.